

Charity Run for Little Q 2026

Date: 12/04/2026

Overall Position	Gender Position	Category Position	組別	Category	Bib	Name	姓名	Official Time	ChipTime
87	65	5	5KM個人跑-男士12-14歲	5KM Trail Race - Male 12-14	1001	Ng Cheuk Chun Elvis	伍卓臻	0:32:07	0:31:52
64	50	3	5KM個人跑-男士12-14歲	5KM Trail Race - Male 12-14	1002	Wong Isaac Daniel	黃天樂	0:29:08	0:28:53
17	17	2	5KM個人跑-男士12-14歲	5KM Trail Race - Male 12-14	1003	Cheng Yui Ching	鄭睿正	0:22:23	0:22:08
92	68	6	5KM個人跑-男士12-14歲	5KM Trail Race - Male 12-14	1004	Wong Pak lam	王柏霖	0:32:28	0:32:21
73	57	4	5KM個人跑-男士12-14歲	5KM Trail Race - Male 12-14	1005	Yeung Chun Yat Cyrus	楊竣壹	0:30:08	0:30:08
12	12	1	5KM個人跑-男士12-14歲	5KM Trail Race - Male 12-14	1006	Wong Tsz Hin	黃子軒	0:21:46	0:21:46
97	70	7	5KM個人跑-男士12-14歲	5KM Trail Race - Male 12-14	1007	KAI Pak Long	龔柏朗	0:32:43	0:32:38
114	81	8	5KM個人跑-男士12-14歲	5KM Trail Race - Male 12-14	1008	Yeung Sing Bang		0:33:58	0:33:43
37	31	6	5KM個人跑-男士15-19歲	5KM Trail Race - Male 15-19	1200	POON SING YUI	潘星叡	0:25:41	0:25:38
9	9	3	5KM個人跑-男士15-19歲	5KM Trail Race - Male 15-19	1201	NG YUI CHING	伍睿正	0:21:01	0:21:01
10	10	4	5KM個人跑-男士15-19歲	5KM Trail Race - Male 15-19	1202	yu xiang	余翔	0:21:02	0:21:00
2	2	2	5KM個人跑-男士15-19歲	5KM Trail Race - Male 15-19	1203	Rudge William		0:19:30	0:19:29
0	0	0	5KM個人跑-男士15-19歲	5KM Trail Race - Male 15-19	1204	Poon Kwok Tim	潘國添	DNS	DNS
153	103	8	5KM個人跑-男士15-19歲	5KM Trail Race - Male 15-19	1205	WONG Junzhe	黃俊喆	0:38:22	0:37:53
20	20	5	5KM個人跑-男士15-19歲	5KM Trail Race - Male 15-19	1206	Kwok Sze Shing	郭思城	0:23:00	0:22:57
63	49	7	5KM個人跑-男士15-19歲	5KM Trail Race - Male 15-19	1207	Fu Zitto	傅梓滔	0:29:06	0:29:06
188	116	19	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1208	FENG Wai Hang	馮偉恒	0:42:01	0:41:50
26	24	4	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1209	LAU Shun Leong	劉信亮	0:24:00	0:23:57
3	3	1	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1210	Yeung Ka Ho	楊嘉豪	0:19:32	0:19:32
159	105	18	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1211	WONG Chun Ho	王俊昊	0:38:45	0:38:20
70	55	10	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1212	Chan Chak Cheong		0:29:58	0:29:37
100	72	13	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1213	Lam Ling Fung	林令丰	0:32:48	0:32:26
231	128	21	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1214	LEUNG MAN TO		0:57:35	0:57:11
119	84	14	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1215	Yeung Wing Tsun		0:34:17	0:34:01
27	25	5	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1216	Liu Pui Yin	廖沛言	0:24:13	0:24:10
5	5	2	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1217	So Chak Fai	蘇澤暉	0:19:59	0:19:56
205	121	20	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1218	Yu Hok Him	余學謙	0:44:35	0:44:15
15	15	3	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1219	WONG Tsz Yiu	黃梓堯	0:22:03	0:22:01
82	62	11	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1220	Tsui Ka Chun	崔嘉晉	0:31:24	0:31:14
0	0	0	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1221	Chau Siu Sing	周小星	DNS	DNS
130	90	16	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1222	Myers Ryan John		0:35:26	0:35:00
65	51	7	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1223	Yip Cheung ho	葉長浩	0:29:23	0:29:14
66	52	8	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1224	Wong Yuk Cheung	黃昱翔	0:29:37	0:29:34
127	88	15	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1225	Won Siu kei	王兆基	0:35:01	0:34:58
98	71	12	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1226	Ho Chin Wang	何展宏	0:32:44	0:32:33
68	54	9	5KM個人跑-男士20-29歲	5KM Trail Race - Male 20-29	1227	Lee Wai ho	李偉浩	0:29:38	0:29:37
7	7	2	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1228	LAI Kin On	黎建安	0:20:48	0:20:48
101	73	13	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1229	Ng Wing Chun	伍穎晉	0:32:50	0:32:36
140	96	16	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1230	Serote Jeremy Christian Hipolito		0:36:55	0:36:53
194	117	17	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1231	Chan San fung	陳新豐	0:42:49	0:42:34
29	26	7	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1232	Kwok Sung Hei		0:24:24	0:24:18
13	13	4	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1233	Ng Ka Chun	吳嘉俊	0:22:01	0:22:01
0	0	0	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1234	Au Tsz Ho		DNS	DNS
52	40	9	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1235	Kwong Chun Yu		0:27:50	0:27:21
40	33	8	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1236	WONG Yuen Pan Benson	黃元斌	0:26:21	0:25:58
110	77	14	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1237	HO TING HAY	何廷熙	0:33:41	0:33:18
16	16	5	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1238	Li Kongman		0:22:05	0:22:03
57	44	10	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1239	LI TIK	李迪海	0:28:20	0:28:11
4	4	1	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1240	SO KING LAM		0:19:58	0:19:54
60	47	11	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1241	Wong Ka Shing Tonny	黃嘉誠	0:28:50	0:28:46
111	78	15	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1242		胡頌謙	0:33:54	0:33:40
84	63	12	5KM個人跑-男士30-39歲	5KM Trail Race - Male 30-39	1243	Lee Wai Chi	李懷志	0:31:44	0:31:23
25	23	3	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40-49	1244	Tsang Kin Man	曾健文	0:24:00	0:23:54
48	38	7	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40-49	1245	Fung Pak Hong	馮柏康	0:27:10	0:27:04

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147	99	21	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1246	CHOI YU TUNG		0:38:03	0:37:58
0	0	0	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1247	LAI TIAN YUN TIMOTHY	賴天允	DNS	DNS
23	22	2	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1248	LIU TIN PO	廖天保	0:23:44	0:23:43
58	45	10	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1249	Lee Shu Pui	李樹培	0:28:38	0:28:34
176	112	24	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1250	Wong Yan Kin	黃欣健	0:41:02	0:40:33
38	32	5	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1251	NG CHUN KONG		0:25:49	0:25:47
225	126	26	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1252	law wai shing	羅偉成	0:49:53	0:49:28
136	93	18	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1253	CHAN CHUN WING	陳俊榮	0:36:37	0:36:29
174	111	23	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1254	Chau Cheuk Pong	周焯邦	0:40:53	0:40:33
152	102	22	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1255	LO MAN CHAM LAWRENCE	羅文湛	0:38:17	0:37:49
0	0	0	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1256	Lo Chun Yu	盧俊宇	DNS	DNS
200	118	25	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1257	PANG Chung Keung		0:43:41	0:43:41
142	97	20	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1258	Mok Sai Man Simon		0:37:15	0:37:10
135	92	17	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1259	NGAN KIN MAN TERRY	顏建文	0:36:35	0:36:31
59	46	11	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1260	Chu Ho Ming		0:28:40	0:28:30
86	64	13	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1261	Wong Tsz kit	王子傑	0:32:06	0:31:58
126	87	16	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1262	Lam Wai Hung Nicola	林偉雄	0:34:55	0:34:33
76	60	12	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1263	Leung Yiu cho		0:30:15	0:29:56
138	95	19	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1264	Fung Sun Kin	馮新健	0:36:49	0:36:30
42	35	6	5KM個人跑-男士40-49歲	5KM Trail Race - Male 40 - 49	1265		林國遂	0:26:53	0:26:43
8	8	2	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1266	LI KA LUNG STEPHEN	李嘉龍	0:20:53	0:20:53
22	21	3	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1267	Sha Kwok Yin	余國賢	0:23:17	0:23:14
237	131	26	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1268		劉發	0:59:38	0:59:20
169	110	22	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1269		黃瑞倫	0:40:31	0:40:23
218	125	25	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1270		戴連樹	0:47:22	0:47:11
112	79	15	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1271	Cheng Kwok Kwong	鄭國光	0:33:54	0:33:40
160	106	21	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1272	Chan Yue Man	陳裕民	0:38:45	0:38:39
91	67	12	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1273		莊清峰	0:32:27	0:32:16
133	91	17	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1274	YUEN KWOK HOO	阮國豪	0:36:00	0:35:57
67	53	8	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1275	Chan Chi Shun	陳智順	0:29:37	0:29:37
41	34	5	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1276	Hong Ping Cheung Peter		0:26:26	0:26:26
0	0	0	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1277		陳偉明	DNS	DNS
209	123	24	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1278		賴春華	0:44:42	0:44:36
72	56	9	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1279	MAH TIN HONG	馬天航	0:30:01	0:29:56
143	98	19	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1280	Cheung Kwok Tung	張國東	0:37:17	0:37:08
75	59	11	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1281		何國強	0:30:11	0:30:06
0	0	0	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1282		張健基	DQ	DQ
35	29	4	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1283	Wong Siu Wai	黃兆偉	0:25:22	0:25:21
74	58	10	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1284		陳慶新	0:30:10	0:30:08
150	101	20	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1285	SIN YAU KEUNG	冼有強	0:38:16	0:37:58
0	0	0	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1286	Wong Chi Keung	黃志強	DNS	DNS
62	48	7	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1287	Siu Man lok	蕭文洛	0:29:05	0:28:59
137	94	18	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1288	Lai Chik yin	黎植賢	0:36:37	0:36:18
122	85	16	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1289	Ng Ka Yan	吳嘉欣	0:34:19	0:34:13
53	41	6	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1290	CHONG TAK WAI	莊德偉	0:27:51	0:27:43
103	74	14	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1291		陳金就	0:32:56	0:32:42
186	115	23	5KM個人跑-男士50-59歲	5KM Trail Race - Male 50 - 59	1292	Ng Chi Hung Addy	吳志雄	0:41:59	0:41:57
78	61	6	5KM個人跑-男士60+歲	5KM Trail Race - Male 60+	1293		林創發	0:31:12	0:31:04
180	113	17	5KM個人跑-男士60+歲	5KM Trail Race - Male 60+	1294	Chan Wing Kin		0:41:20	0:40:55
212	124	22	5KM個人跑-男士60+歲	5KM Trail Race - Male 60+	1295	Lo Yui ki	盧銳祺	0:45:18	0:44:58
0	0	0	5KM個人跑-男士60+歲	5KM Trail Race - Male 60+	1296	Chan Chin Hong	陳展航	DNS	DNS
238	132	26	5KM個人跑-男士60+歲	5KM Trail Race - Male 60+	1297		彭健富	0:59:38	0:59:20
208	122	21	5KM個人跑-男士60+歲	5KM Trail Race - Male 60+	1298		陳偉豪	0:44:42	0:44:36
228	127	23	5KM個人跑-男士60+歲	5KM Trail Race - Male 60+	1299		莫儉榮	0:55:31	0:55:18

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Overall Position	Gender Position	Category Position	組別	Category	Bib	Name	姓名	Official Time	ChipTime
36	30	2	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1300	WONG TAI CHUN MARK		0:25:39	0:25:39
129	89	12	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1301	Chan Ho Kwong Oliver	陳豪光	0:35:23	0:35:21
46	37	4	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1302	Wong Wai Yin		0:27:07	0:27:05
43	36	3	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1303	NG WAI KIT	伍偉傑	0:26:58	0:26:56
0	0	0	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1304	CHAN KWONG CHING	陳廣正	DNS	DNS
236	130	25	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1305		劉沛華	0:59:03	0:58:52
148	100	13	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1306	Lin Woon Ming Daniel	連煥明	0:38:07	0:37:48
235	129	24	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1307	Wong Chung Leung	黃仲良	0:59:02	0:58:52
107	75	7	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1308		蔡議庭	0:33:10	0:33:04
123	86	11	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1309	AU YEUNG Hung Simon	歐陽雄	0:34:46	0:34:13
0	0	0	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1310	YAM KWONG LAU	任廣流	DNS	DNS
56	43	5	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1311	POK CHEUNG WAH	濮將華	0:28:09	0:28:09
108	76	8	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1312	Yeung Kam Sou	楊金壽	0:33:28	0:33:05
163	108	15	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1313	CHAN WING KAI	陳泳楷	0:39:23	0:39:19
182	114	18	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1314	Ho VAI HUNG	何偉雄	0:41:34	0:41:03
202	120	20	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1315	Lau Chi Keung		0:44:06	0:43:40
161	107	14	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1316	LEUNG PUI KI	梁培基	0:38:57	0:38:49
201	119	19	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1317	TSANG Tak Shing	曾德誠	0:44:04	0:43:39
31	27	6	5KM個人跑 - 男士20 - 29歲	5KM Trail Race - Male 20 - 29	1318	Chung Hao Yin	鍾孝延	0:25:11	0:24:56
18	18	1	5KM個人跑 - 男士40 - 49歲	5KM Trail Race - Male 40 - 49	1319	WAI TAK LUN	衛德倫	0:22:28	0:22:28
116	82	10	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1320	Chan Wai Ming Lobe	陳偉明	0:34:14	0:33:57
14	14	1	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1321	Lee Chi Keung	李志強	0:22:03	0:22:03
19	19	6	5KM個人跑 - 男士30 - 39歲	5KM Trail Race - Male 30 - 39	1322	Li Tik David		0:22:41	0:22:36
1	1	1	5KM個人跑 - 男士15 - 19歲	5KM Trail Race - Male 15 - 19	1323	Lai Jayden	黎頌熙	0:17:54	0:17:54
154	104	17	5KM個人跑 - 男士20 - 29歲	5KM Trail Race - Male 20 - 29	1324	Tse Man Cheong	謝旻倡	0:38:28	0:38:07
11	11	3	5KM個人跑 - 男士30 - 39歲	5KM Trail Race - Male 30 - 39	1325	Wong Sor Lam Danis		0:21:11	0:21:09
54	42	9	5KM個人跑 - 男士40 - 49歲	5KM Trail Race - Male 40 - 49	1326	CHAU TSZ WAI		0:27:53	0:27:48
88	66	14	5KM個人跑 - 男士40 - 49歲	5KM Trail Race - Male 40 - 49	1327	KAI Min Chung	暨綿聰	0:32:08	0:32:03
34	28	4	5KM個人跑 - 男士40 - 49歲	5KM Trail Race - Male 40 - 49	1328	Ma Ka cheung	馬家昌	0:25:19	0:25:19
51	39	8	5KM個人跑 - 男士40 - 49歲	5KM Trail Race - Male 40 - 49	1329	Wong Kar Wai	王嘉偉	0:27:36	0:27:36
117	83	15	5KM個人跑 - 男士40 - 49歲	5KM Trail Race - Male 40 - 49	1330	Yeung Kin Man		0:34:14	0:33:58
6	6	1	5KM個人跑 - 男士50 - 59歲	5KM Trail Race - Male 50 - 59	1331	Chan man for	科	0:20:13	0:20:13
95	69	13	5KM個人跑 - 男士50 - 59歲	5KM Trail Race - Male 50 - 59	1333	LAW Koon Kui	羅冠駒	0:32:38	0:32:32
113	80	9	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1334	Lau Kwok Kuen	劉國權	0:33:57	0:33:52
168	109	16	5KM個人跑 - 男士60+歲	5KM Trail Race - Male 60+	1335	Yau Chun Hung		0:40:21	0:40:17
0	0	0	5KM個人跑 - 女士12-14歲	5KM Trail Race - Female 12-14	2001	Wong Pak lam	王珮琳	DNS	DNS
32	5	2	5KM個人跑 - 女士12-14歲	5KM Trail Race - Female 12-14	2002	Yu Hei wai	余晞維	0:25:12	0:25:12
24	2	1	5KM個人跑 - 女士12-14歲	5KM Trail Race - Female 12-14	2003	Chow Kiu		0:23:56	0:23:55
171	61	3	5KM個人跑 - 女士12-14歲	5KM Trail Race - Female 12-14	2004	Wong Pak lam	王珮琳	0:40:34	0:40:27
45	9	1	5KM個人跑 - 女士15 - 19歲	5KM Trail Race - Female 15 - 19	2200	Lam Hoi Ting	林愷婷	0:27:05	0:26:58
0	0	0	5KM個人跑 - 女士15 - 19歲	5KM Trail Race - Female 15 - 19	2201	Kwong Pak Ning Megan	鄺栢甯	DNS	DNS
190	74	4	5KM個人跑 - 女士15 - 19歲	5KM Trail Race - Female 15 - 19	2202	Chan Yan Lam Priscilla	陳恩琳	0:42:01	0:41:59
61	14	2	5KM個人跑 - 女士15 - 19歲	5KM Trail Race - Female 15 - 19	2203	Lui Sum Yi	呂心怡	0:28:50	0:28:45
158	54	3	5KM個人跑 - 女士15 - 19歲	5KM Trail Race - Female 15 - 19	2204	CHEUNG Sum Yau	張心柔	0:38:44	0:38:23
189	73	15	5KM個人跑 - 女士20 - 29歲	5KM Trail Race - Female 20 - 29	2205	HO Lok Lam	何洛霖	0:42:01	0:41:50
96	27	4	5KM個人跑 - 女士20 - 29歲	5KM Trail Race - Female 20 - 29	2206	Lam Lai Ching	林荔靖	0:32:40	0:32:28
0	0	0	5KM個人跑 - 女士20 - 29歲	5KM Trail Race - Female 20 - 29	2207	Lo Cheuk yat	盧卓逸	DNS	DNS
173	63	14	5KM個人跑 - 女士20 - 29歲	5KM Trail Race - Female 20 - 29	2208	Leung Cheuk Lam		0:40:38	0:40:33
139	44	8	5KM個人跑 - 女士20 - 29歲	5KM Trail Race - Female 20 - 29	2209	Wu Hong Ni	胡康妮	0:36:54	0:36:42
120	36	7	5KM個人跑 - 女士20 - 29歲	5KM Trail Race - Female 20 - 29	2210	Lai Wai Yi	黎韋誼	0:34:17	0:34:02
118	35	6	5KM個人跑 - 女士20 - 29歲	5KM Trail Race - Female 20 - 29	2211	Lee Natalie Lok Tsz	李肇之	0:34:17	0:34:02
0	0	0	5KM個人跑 - 女士20 - 29歲	5KM Trail Race - Female 20 - 29	2212	Chow Wing Yee	周詠儀	DNS	DNS
145	47	10	5KM個人跑 - 女士20 - 29歲	5KM Trail Race - Female 20 - 29	2213	KWONG Bui Ka Alka	鄭貝嘉	0:37:55	0:37:33
149	49	11	5KM個人跑 - 女士20 - 29歲	5KM Trail Race - Female 20 - 29	2214	Mau KWAN YI	繆均怡	0:38:16	0:38:10

Charity Run for Little Q 2026

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Overall Position	Gender Position	Category Position	組別	Category	Bib	Name	姓名	Official Time	ChipTime
244	112	19	5KM個人跑-女士20-29歲	5KM Trail Race - Female 20 - 29	2215	Wu Mei Shan	胡媚珊	1:20:02	1:19:46
0	0	0	5KM個人跑-女士20-29歲	5KM Trail Race - Female 20 - 29	2216	TANG YAN KI	鄧欣琦	DNS	DNS
206	85	16	5KM個人跑-女士20-29歲	5KM Trail Race - Female 20 - 29	2217	Cheng Yu hei	鄭宇希	0:44:35	0:44:16
232	104	18	5KM個人跑-女士20-29歲	5KM Trail Race - Female 20 - 29	2218	Wong Sin Yi	王倩怡	0:57:36	0:57:12
213	89	17	5KM個人跑-女士20-29歲	5KM Trail Race - Female 20 - 29	2219	Ho Kwan Loi	何筊萊	0:45:30	0:45:02
245	113	20	5KM個人跑-女士20-29歲	5KM Trail Race - Female 20 - 29	2220	Li Wing Lam	李泳琳	1:20:04	1:19:47
83	21	2	5KM個人跑-女士20-29歲	5KM Trail Race - Female 20 - 29	2221	WONG Chin Leng	黃芊芹	0:31:29	0:31:14
141	45	9	5KM個人跑-女士20-29歲	5KM Trail Race - Female 20 - 29	2222	Chan Yeuk lam	陳若琳	0:37:02	0:36:58
71	16	1	5KM個人跑-女士20-29歲	5KM Trail Race - Female 20 - 29	2223	CHEUNG YUK PUI		0:30:00	0:29:56
99	28	5	5KM個人跑-女士20-29歲	5KM Trail Race - Female 20 - 29	2224	CHAN Yee Ching Sally	陳漪晴	0:32:44	0:32:33
0	0	0	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2225		梁詠琪	DNS	DNS
121	37	11	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2226	Lau Kimberley Sum Yuen		0:34:19	0:33:51
131	41	14	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2227	Lui Cheuk Sze		0:35:27	0:34:58
233	105	23	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2228	Chan Tak kei	陳德琪	0:58:49	0:58:22
222	97	21	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2229	Tsang In Chit	曾妍婕	0:48:53	0:48:44
221	96	20	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2230	TSE PIK LAM	謝碧琳	0:48:50	0:48:41
146	48	16	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2231	Min Jiayi	閔佳怡	0:37:56	0:37:41
234	106	24	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2232	Kwan Hiu Ying	關曉瑩	0:58:51	0:58:24
132	42	15	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2233	KEUNG HIU YAN JOYCE	姜曉欣	0:35:40	0:35:17
0	0	0	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2234	Castillon Mariel		DNS	DNS
185	71	18	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2235	Chan Tszwai	陳紫惠	0:41:56	0:41:47
21	1	1	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2236	Hui Pik Yu	許碧瑜	0:23:15	0:23:15
89	23	7	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2237	Cheung Ting		0:32:15	0:32:09
90	24	8	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2238	Joanna Bong Valerie		0:32:21	0:32:19
0	0	0	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2239	Wong Ka Lok		DNS	DNS
77	17	4	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2240	Yiu Nicole		0:30:18	0:30:15
164	56	17	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2241	Yip Ka Yan	葉嘉欣	0:39:33	0:39:04
0	0	0	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2242	Leung Heung Yin	梁向然	DNS	DNS
80	19	5	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2243	CHAN Pui Yee Rosemary	陳珮怡	0:31:14	0:30:53
30	4	2	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2244	WONG SIN YI		0:24:30	0:24:30
204	84	19	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2245	CHAN Tsz Ying	陳芷瑩	0:44:15	0:43:53
69	15	3	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2246	Pang Ching Man	彭靜雯	0:29:47	0:29:45
125	39	12	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2247	Lee Wing Yan		0:34:53	0:34:46
115	34	10	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2248	Dinh Cho Ki Janifer	丁楚琪	0:34:01	0:33:45
226	100	22	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2249	li ka yan	李嘉茵	0:49:54	0:49:28
81	20	6	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2250	LEE TSZ NING	利子寧	0:31:23	0:31:03
175	64	12	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2251	Ng YU YAN Jacqueline	吳宇欣	0:40:54	0:40:33
157	53	11	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2252	IU CHUN HAN	姚春嫻	0:38:44	0:38:41
33	6	2	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2253	Wong Yuen Ting	黃婉婷	0:25:12	0:25:12
144	46	9	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2254	Tam Mei Po		0:37:26	0:37:21
55	13	5	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2255	Cheung Lim yan	張念恩	0:28:04	0:28:01
0	0	0	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2256	WU Yi	吳儀	DNS	DNS
0	0	0	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2257	Ho On Ting	何按琴	DNS	DNS
109	33	8	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2258	Chan Pui Yi	陳珮兒	0:33:34	0:33:27
210	87	19	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2259	Chan Ho Yan		0:44:43	0:44:23
181	68	14	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2260	Lee Wee yee Shara		0:41:20	0:40:55
93	25	7	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2261	Lee Shuk wah	李淑樺	0:32:34	0:32:27
156	52	10	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2262	Leung Wing Yin Vivian		0:38:32	0:38:26
191	75	15	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2263	Chan Pui Yee	陳佩儀	0:42:29	0:42:00
39	7	3	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2264	Chan Wan yee	陳韻詩	0:26:06	0:26:04
179	67	13	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2265	YUEN SIN YEE	袁善宜	0:41:06	0:41:03
0	0	0	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2266	Chui Yeuk hung		DNS	DNS
224	99	20	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2267	Cheung Yim Man	張豔雯	0:49:36	0:49:17
199	82	18	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2268	chan ka wing	陳嘉穎	0:43:07	0:42:47

Charity Run for Little Q 2026

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Overall Position	Gender Position	Category Position	組別	Category	Bib	Name	姓名	Official Time	ChipTime
198	81	17	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2269		蔣仲盈	0:43:05	0:42:20
197	80	16	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2270		文婉君	0:43:05	0:42:19
47	10	4	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2271	TSUI LAI KWAN	徐麗君	0:27:10	0:27:08
0	0	0	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2272	Tsang Pui Yan		DQ	DQ
79	18	3	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2273		禰惠芬	0:31:12	0:31:05
203	83	19	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2274	Fung Yip Fan Ada	馮葉芬	0:44:09	0:43:58
207	86	20	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2275	Yau Lai Chun	邱麗珍	0:44:42	0:44:36
216	92	24	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2276		李佩儀	0:47:11	0:46:57
229	102	28	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2277		王婉儀	0:55:57	0:55:44
178	66	14	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2278		郭瑾	0:41:03	0:40:55
227	101	27	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2279		嚴惠茵	0:55:31	0:55:18
49	11	2	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2280	Chan Pui Shan Phoebe	陳佩珊	0:27:25	0:27:25
223	98	26	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2281	Chang Tien Yee Amy	張天怡	0:48:57	0:48:32
184	70	16	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2282	Wong Lim Yan	黃念恩	0:41:50	0:41:20
220	95	25	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2283	Wong Ngai Ping Miranda		0:47:39	0:47:34
242	110	31	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2284		劉小梅	1:11:34	1:11:20
177	65	13	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2285		崔霞	0:41:03	0:40:55
105	31	5	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2286	CHAN KA LAI VANESSA	陳嘉麗	0:33:03	0:33:03
214	90	22	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2287		呂小梅	0:45:48	0:45:41
241	109	30	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2288	WO SUET MUI KATHIE	胡雪梅	1:06:52	1:01:22
172	62	12	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2289	Lam Chin Sun Jiene	林仟宸	0:40:34	0:40:16
183	69	15	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2290	HSU PO YU JESSICA	許寶茹	0:41:44	0:41:37
239	107	29	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2291		劉少君	1:00:15	1:00:00
124	38	6	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2292	Yuen Lai Kwan Queenie	袁麗君	0:34:52	0:34:34
44	8	1	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2293	Wong Hiu Fai	黃曉輝	0:27:00	0:27:00
211	88	21	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2294	tang Yuk ming	鄧玉明	0:45:16	0:44:57
196	79	18	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2295	Chan Siu yin	陳少燕	0:42:56	0:42:41
0	0	0	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2296		陳六妹	DNS	DNS
151	50	8	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2297	YUEN PUI KWAN PEGGY	袁佩君	0:38:16	0:37:58
0	0	0	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2298	Wan Din		DNS	DNS
166	58	10	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2299	FUNG TSZ SUET TSZ SUET		0:40:05	0:39:54
104	30	4	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2300	LI KIT WAI JOSELLA		0:32:59	0:32:56
187	72	17	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2301	Chan Fung Mei	陳鳳媚	0:41:59	0:41:59
134	43	7	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2302	Lee Amy		0:36:16	0:36:05
167	59	11	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2303	Lui Si Wai Alice		0:40:08	0:39:58
0	0	0	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2304		王寶玲	DNS	DNS
50	12	1	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2305	Mau Hung	牟紅	0:27:29	0:27:29
195	78	6	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2306	LO SHUK YI	盧淑儀	0:42:54	0:42:37
106	32	2	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2307		單雲蘭	0:33:05	0:32:58
170	60	3	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2308		何潔儀	0:40:32	0:40:23
193	77	5	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2309	Kwong Shun Man Jessie		0:42:49	0:42:22
0	0	0	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2310		余華瑛	DQ	DQ
0	0	0	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2311	Lo Pik Sze	盧璧詩	DNS	DNS
217	93	7	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2312		馮佩玲	0:47:11	0:46:57
243	111	11	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2313		李杏梅	1:11:34	1:11:21
230	103	9	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2314		盧詠慈	0:55:57	0:55:45
219	94	8	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2315	YEUNG SUK WAH	楊淑華	0:47:39	0:47:34
0	0	0	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2316	WONG CHOI YING	王彩英	DNS	DNS
240	108	10	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2317		唐月星	1:00:15	1:00:01
165	57	13	5KM個人跑-女士20-29歲	5KM Trail Race - Female 20 - 29	2318	Chung Man Kei	鍾汶琦	0:39:56	0:39:40
85	22	6	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2319	WU Yuewei	伍月薇	0:31:57	0:31:53
28	3	1	5KM個人跑-女士40-49歲	5KM Trail Race - Female 40 - 49	2321	LAW SAU TING	羅秀婷	0:24:15	0:24:15
155	51	12	5KM個人跑-女士20-29歲	5KM Trail Race - Female 20 - 29	2324	Chan Ching Wan	陳靜韻	0:38:29	0:38:07
94	26	3	5KM個人跑-女士20-29歲	5KM Trail Race - Female 20 - 29	2325	LAW Cherie	羅焯瑤	0:32:37	0:32:31

Charity Run for Little Q 2026

Date: 12/04/2026

Overall Position	Gender Position	Category Position	組別	Category	Bib	Name	姓名	Official Time	ChipTime
128	40	13	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2326	Chan Chui Shan		0:35:20	0:35:16
102	29	9	5KM個人跑-女士30-39歲	5KM Trail Race - Female 30 - 39	2327	Leung Kwai Ching	梁桂菁	0:32:50	0:32:47
162	55	9	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2329	YUEN CHEUK LING	阮勺寧	0:39:02	0:38:47
215	91	23	5KM個人跑-女士50-59歲	5KM Trail Race - Female 50 - 59	2330	WAN Suk Yee	溫淑儀	0:46:06	0:46:00
192	76	4	5KM個人跑-女士60+歲	5KM Trail Race - Female 60+	2331	Wong Shuk Wing Sharon		0:42:38	0:42:26