

Charity Run for Little Q 2026

Date: 12/04/2026

Overall Position	Gender Position	Category Position	組別	Category	Bib	Name	姓名	Official Time	ChipTime
0	0	0	3KM個人跑-女士35-54歲	3KM Trail Race - Female 35 - 54	2320	Eng Helen		DNS	DNS
0	0	0	3KM個人跑-女士55+歲	3KM Trail Race - Female 55+	2322	CHEUNG SHUK KUEN	張淑娟	DNS	DNS
59	37	4	3KM個人跑-男士8-9歲	3KM Trail Race - Male 8 - 9	3001	Tang Jeremy	鄧諾津	0:19:40	0:19:40
19	15	1	3KM個人跑-男士8-9歲	3KM Trail Race - Male 8 - 9	3002	Cheng Yui Tin	鄭睿天	0:15:08	0:15:08
105	59	5	3KM個人跑-男士8-9歲	3KM Trail Race - Male 8 - 9	3003	Leung Ue Yan	梁御恩	0:23:26	0:23:18
46	29	2	3KM個人跑-男士8-9歲	3KM Trail Race - Male 8 - 9	3004	Ho Hoi Tung	何海東	0:18:21	0:18:19
107	61	6	3KM個人跑-男士8-9歲	3KM Trail Race - Male 8 - 9	3005	Lam Yin Hang Gavin	林彥恆	0:23:30	0:23:18
48	30	3	3KM個人跑-男士8-9歲	3KM Trail Race - Male 8 - 9	3006	CHOW CHING POK	周政博	0:18:54	0:18:52
30	24	5	3KM個人跑-男士10-11歲	3KM Trail Race - Male 10 - 11	3100	Cheung Yui Chit Jase	張睿哲	0:15:59	0:15:59
70	42	8	3KM個人跑-男士10-11歲	3KM Trail Race - Male 10 - 11	3101	CUNNINGHAM FELTON JAMES	簡志峰	0:20:21	0:20:21
0	0	0	3KM個人跑-男士10-11歲	3KM Trail Race - Male 10 - 11	3102	Hsu Chung Hin Quinten	徐頌軒	DNS	DNS
24	19	3	3KM個人跑-男士10-11歲	3KM Trail Race - Male 10 - 11	3103	ZHANG Logan Yi Fan		0:15:38	0:15:36
93	55	10	3KM個人跑-男士10-11歲	3KM Trail Race - Male 10 - 11	3104	Tsang Chun Hei	曾俊熙	0:22:13	0:22:00
104	58	11	3KM個人跑-男士10-11歲	3KM Trail Race - Male 10 - 11	3105	Wong Wai Lam	黃偉嵐	0:23:22	0:23:14
26	21	4	3KM個人跑-男士10-11歲	3KM Trail Race - Male 10 - 11	3106	CHING SUMHO ZAC	程琛皓	0:15:39	0:15:39
77	48	9	3KM個人跑-男士10-11歲	3KM Trail Race - Male 10 - 11	3107	Lam Yat Long	林溢朗	0:21:08	0:21:07
22	17	2	3KM個人跑-男士10-11歲	3KM Trail Race - Male 10 - 11	3108	Tsoi Kayden	蔡子逸	0:15:34	0:15:34
18	14	1	3KM個人跑-男士10-11歲	3KM Trail Race - Male 10 - 11	3109	CHAN Chun Yu	陳俊宇	0:15:02	0:15:02
33	25	6	3KM個人跑-男士10-11歲	3KM Trail Race - Male 10 - 11	3110	Wong Yi Li	黃爾理	0:16:26	0:16:26
64	38	7	3KM個人跑-男士10-11歲	3KM Trail Race - Male 10 - 11	3111	Chau Cheuk Lok	周棟樂	0:20:01	0:20:01
6	6	1	3KM個人跑-男士12-13歲	3KM Trail Race - Male 12 - 13	3200	Cheung Chung heng	張頌珩	0:12:39	0:12:39
34	26	3	3KM個人跑-男士12-13歲	3KM Trail Race - Male 12 - 13	3201	ZHAO Xichen	趙湔辰	0:16:26	0:16:26
75	46	6	3KM個人跑-男士12-13歲	3KM Trail Race - Male 12 - 13	3202	Cheung Cheuk Kin	張卓勤	0:20:56	0:20:50
76	47	7	3KM個人跑-男士12-13歲	3KM Trail Race - Male 12 - 13	3203	Chiu Cheuk Him	趙卓謙	0:20:58	0:20:52
72	43	5	3KM個人跑-男士12-13歲	3KM Trail Race - Male 12 - 13	3204	Yeung Tsz hin	楊梓軒	0:20:36	0:20:36
65	39	4	3KM個人跑-男士12-13歲	3KM Trail Race - Male 12 - 13	3205	YIU WING SHUN EDEN	姚穎淳	0:20:04	0:19:57
25	20	2	3KM個人跑-男士12-13歲	3KM Trail Race - Male 12 - 13	3206	ZHANG Jake Yi Chi		0:15:38	0:15:36
5	5	2	3KM個人跑-男士14-15歲	3KM Trail Race - Male 14 - 15	3300	Lam Yat Hei	林溢曦	0:12:35	0:12:35
74	45	5	3KM個人跑-男士14-15歲	3KM Trail Race - Male 14 - 15	3301	Chung You Sing Isaak	鍾佑昇	0:20:37	0:20:31
16	13	4	3KM個人跑-男士14-15歲	3KM Trail Race - Male 14 - 15	3302	chong sing hin	莊勝軒	0:14:29	0:14:29
2	2	1	3KM個人跑-男士14-15歲	3KM Trail Race - Male 14 - 15	3303	MUI TIN NOK	梅天諾	0:12:14	0:12:13
9	9	3	3KM個人跑-男士14-15歲	3KM Trail Race - Male 14 - 15	3304	Chan Ho	陳皓	0:13:12	0:13:12
82	50	4	3KM個人跑-男士16-34歲	3KM Trail Race - Male 16 - 34	3400	Ma Oi Ming	馬熾明	0:21:32	0:21:18
51	32	3	3KM個人跑-男士16-34歲	3KM Trail Race - Male 16 - 34	3401	LAI Hong To	黎康陶	0:19:04	0:18:56
1	1	1	3KM個人跑-男士16-34歲	3KM Trail Race - Male 16 - 34	3402	Yeung Kak	楊格	0:10:38	0:10:38
159	67	6	3KM個人跑-男士16-34歲	3KM Trail Race - Male 16 - 34	3403	LEUNG CHUN HIM		0:34:06	0:33:49
0	0	0	3KM個人跑-男士16-34歲	3KM Trail Race - Male 16 - 34	3404	Chu Chun Kwan Jacky	朱俊鋸	DNS	DNS
4	4	2	3KM個人跑-男士16-34歲	3KM Trail Race - Male 16 - 34	3405	Leung Wan Tik		0:12:35	0:12:35
170	69	7	3KM個人跑-男士16-34歲	3KM Trail Race - Male 16 - 34	3406	Ng Po Yin		0:35:56	0:35:40
85	52	5	3KM個人跑-男士16-34歲	3KM Trail Race - Male 16 - 34	3407	Wong Wang Tang	黃宏燈	0:21:41	0:21:33
131	64	21	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3408	Lee Wai ching		0:27:46	0:27:30
21	16	4	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3409	Man Yun Wing	文潤榮	0:15:30	0:15:17
56	35	11	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3410	LI PO PANG	李寶鵬	0:19:31	0:19:29
27	22	6	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3411	Yiu Kwun Yin	姚冠賢	0:15:42	0:15:40
23	18	5	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3412	CHEE FOOK LAM BRONSON	徐福林	0:15:38	0:15:36
179	71	23	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3413	Chan Him Shun	陳謙遜	0:39:23	0:39:12
36	27	8	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3414	Chan Lun		0:16:29	0:16:27
120	63	20	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3415	Ho Chi sang	何智生	0:25:51	0:25:47
8	8	2	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3416	Yeung Kam ming	楊金明	0:13:08	0:13:06
95	56	16	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3417	Lau Tat Wai	劉達偉	0:22:22	0:22:21
40	28	9	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3418	Chung Chun wah	鍾振華	0:17:40	0:17:37
0	0	0	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3419	Chow Tong Yuk	周統育	DNS	DNS
154	65	22	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3420	Leung Chi Hang Peter	梁知行	0:33:54	0:33:49
28	23	7	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3421	Chan Ho Kei	陳浩基	0:15:45	0:15:42

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Overall Position	Gender Position	Category Position	組別	Category	Bib	Name	姓名	Official Time	ChipTime
106	60	18	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3422	Tang Wing Hong	鄧永康	0:23:27	0:23:18
98	57	17	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3423	Poon Ka Wing	潘嘉榮	0:22:37	0:22:21
113	62	19	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3424	Wong Wang Shing		0:24:10	0:23:57
182	73	25	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3425	CHUNG WAI KIT	鍾偉傑	0:43:44	0:43:37
49	31	10	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3426	KUI SZE LONG		0:18:54	0:18:42
183	74	26	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3427	Ng Chi Wang	吳志宏	0:49:03	0:48:42
81	49	14	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3428	CHAN KING MAN	陳敬文	0:21:31	0:21:29
73	44	13	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3429	Chung Chi Yan	鍾智欣	0:20:37	0:20:31
181	72	24	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3430	Li KWOK CHU KEITH	李國柱	0:43:44	0:43:36
13	11	2	3KM個人跑-男士55+歲	3KM Trail Race - Male 55+	3431	LEUNG MAN TAT	梁敏達	0:14:07	0:14:06
67	40	7	3KM個人跑-男士55+歲	3KM Trail Race - Male 55+	3432	Wong King kwong		0:20:11	0:20:08
3	3	1	3KM個人跑-男士55+歲	3KM Trail Race - Male 55+	3433	LAU CHUN KEI	劉俊基	0:12:21	0:12:21
83	51	8	3KM個人跑-男士55+歲	3KM Trail Race - Male 55+	3434	WONG ANTHONY	黃偉強	0:21:41	0:21:36
58	36	6	3KM個人跑-男士55+歲	3KM Trail Race - Male 55+	3435	NG Wai Jim	伍偉沾	0:19:35	0:19:33
15	12	3	3KM個人跑-男士55+歲	3KM Trail Race - Male 55+	3436	Tam Cho yan ide		0:14:12	0:14:12
53	34	5	3KM個人跑-男士55+歲	3KM Trail Race - Male 55+	3437	LAI Kwong Ming	黎光明	0:19:17	0:19:14
156	66	10	3KM個人跑-男士55+歲	3KM Trail Race - Male 55+	3438	Choy Po hong Eric	蔡寶康	0:33:58	0:33:54
167	68	11	3KM個人跑-男士55+歲	3KM Trail Race - Male 55+	3439	Lui Shun Wa		0:35:48	0:35:25
185	75	13	3KM個人跑-男士55+歲	3KM Trail Race - Male 55+	3440	Wong Chun Tat	黃俊達	1:04:20	1:04:05
88	54	9	3KM個人跑-男士55+歲	3KM Trail Race - Male 55+	3441	SIU SAI WO	蕭世和	0:22:02	0:21:44
7	7	1	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3442	LAW Kai Lok	羅繼樂	0:12:51	0:12:51
87	53	15	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3443	Tsoi Wai Yan	蔡偉仁	0:21:50	0:21:43
12	10	3	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3444	Leung Shuen Chun	梁旋駿	0:13:42	0:13:42
52	33	4	3KM個人跑-男士55+歲	3KM Trail Race - Male 55+	3445	Chow Yuen Hon		0:19:13	0:19:08
69	41	12	3KM個人跑-男士35-54歲	3KM Trail Race - Male 35 - 54	3446	Wong Dick Bong Albert	黃迪邦	0:20:19	0:20:05
171	70	12	3KM個人跑-男士55+歲	3KM Trail Race - Male 55+	3447	Ma Wallace	馬世明	0:35:57	0:35:41
117	55	4	3KM個人跑-女士8-9歲	3KM Trail Race - Female 8 - 9	4001	CUNNINGHAM FELICIA JANE	簡子嵐	0:24:44	0:24:44
139	75	6	3KM個人跑-女士8-9歲	3KM Trail Race - Female 8 - 9	4002	Lam Tze Yu		0:28:50	0:28:40
174	104	7	3KM個人跑-女士8-9歲	3KM Trail Race - Female 8 - 9	4003	Chan Nga Yui	陳雅蕊	0:38:18	0:38:05
127	64	5	3KM個人跑-女士8-9歲	3KM Trail Race - Female 8 - 9	4004	Tsang Ka Yuet Amber	曾嘉悅	0:26:28	0:26:28
44	16	3	3KM個人跑-女士8-9歲	3KM Trail Race - Female 8 - 9	4005	Chan Ning	陳甯	0:18:07	0:18:05
35	9	1	3KM個人跑-女士8-9歲	3KM Trail Race - Female 8 - 9	4006	Chan Lydia		0:16:28	0:16:25
37	10	2	3KM個人跑-女士8-9歲	3KM Trail Race - Female 8 - 9	4007	Tsoi Tsz Tsing Christin	蔡子晴	0:16:40	0:16:40
96	40	7	3KM個人跑-女士10-11歲	3KM Trail Race - Female 10 - 11	4100	Lau Hang Yuen	劉幸源	0:22:24	0:22:24
79	31	5	3KM個人跑-女士10-11歲	3KM Trail Race - Female 10 - 11	4101	Jiang Xinyue	蔣欣月	0:21:20	0:21:20
0	0	0	3KM個人跑-女士10-11歲	3KM Trail Race - Female 10 - 11	4102	Li Lingxiu	李靈修	DNS	DNS
92	38	6	3KM個人跑-女士10-11歲	3KM Trail Race - Female 10 - 11	4103	KWAN SIN MAN	關善文	0:22:08	0:22:08
29	6	2	3KM個人跑-女士10-11歲	3KM Trail Race - Female 10 - 11	4104	Wong Hoi Shuen Anais		0:15:50	0:15:50
68	28	4	3KM個人跑-女士10-11歲	3KM Trail Race - Female 10 - 11	4105	Chen Tung Yan		0:20:12	0:20:12
14	3	1	3KM個人跑-女士10-11歲	3KM Trail Race - Female 10 - 11	4106	Cheung Olga	張日珈	0:14:12	0:14:12
172	102	9	3KM個人跑-女士10-11歲	3KM Trail Race - Female 10 - 11	4107	Chan Chi Lam	陳知林	0:38:17	0:38:05
111	50	8	3KM個人跑-女士10-11歲	3KM Trail Race - Female 10 - 11	4108	Chung Sin tung	鍾倩桐	0:23:53	0:23:53
0	0	0	3KM個人跑-女士10-11歲	3KM Trail Race - Female 10 - 11	4109	Cheuk Yi Summer	卓懿	DNS	DNS
54	20	3	3KM個人跑-女士10-11歲	3KM Trail Race - Female 10 - 11	4110	Chow See Ching		0:19:19	0:19:14
11	2	1	3KM個人跑-女士12-13歲	3KM Trail Race - Female 12 - 13	4200	LEE OLIVIA	李傲凝	0:13:31	0:13:31
0	0	0	3KM個人跑-女士12-13歲	3KM Trail Race - Female 12 - 13	4201	YIN BEIBEI	尹蓓貝	DNS	DNS
41	13	2	3KM個人跑-女士12-13歲	3KM Trail Race - Female 12 - 13	4202	Li Yee Lun	李依倫	0:17:43	0:17:42
80	32	4	3KM個人跑-女士12-13歲	3KM Trail Race - Female 12 - 13	4203	Chung Sin ching	鍾倩澄	0:21:30	0:21:30
78	30	3	3KM個人跑-女士12-13歲	3KM Trail Race - Female 12 - 13	4204	Liu Cayla Ka Wai	廖嘉蔚	0:21:09	0:21:05
0	0	0	3KM個人跑-女士12-13歲	3KM Trail Race - Female 12 - 13	4205	Cheuk Kiu Keira	卓翹	DNS	DNS
115	53	6	3KM個人跑-女士14-15歲	3KM Trail Race - Female 14 - 15	4300	Tang Isobel	鄧貝弦	0:24:36	0:24:27
10	1	1	3KM個人跑-女士14-15歲	3KM Trail Race - Female 14 - 15	4301	IP HEUNG CHING	葉向晴	0:13:20	0:13:20
66	27	4	3KM個人跑-女士14-15歲	3KM Trail Race - Female 14 - 15	4302	YIU WING KA SHANICA	姚穎珈	0:20:05	0:19:58
86	34	5	3KM個人跑-女士14-15歲	3KM Trail Race - Female 14 - 15	4303	KUI SHEUNG NING		0:21:48	0:21:35

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17	4	2	3KM個人跑 - 女士14 - 15歲	3KM Trail Race - Female 14 - 15	4304	Hui wing Lam	許詠淋	0:14:44	0:14:44
39	12	3	3KM個人跑 - 女士14 - 15歲	3KM Trail Race - Female 14 - 15	4305	Ma Camille	馬苡雯	0:17:26	0:17:11
47	18	5	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4400	Tsang Allison	曾善知	0:18:37	0:18:30
38	11	2	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4401	Leung Sin Ling	梁倩菱	0:16:47	0:16:40
90	36	11	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4402	LAU Hui Yi	劉慧儀	0:22:05	0:21:56
94	39	13	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4403	LEE Hiu Yeung	李曉揚	0:22:15	0:22:10
61	24	8	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4404	Ho Ying Ying	何盈盈	0:19:43	0:19:38
129	66	20	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4405	Chau Ming Wai	周明慧	0:26:39	0:26:31
89	35	10	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4406	LAU Kai Yee	劉佳儀	0:22:03	0:21:54
43	15	3	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4407	WONG HENG YU CHARISSE		0:18:05	0:18:03
123	60	18	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4408	Tung Nam Ling	董南寧	0:26:09	0:26:05
125	62	19	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4409	LO Yu Ching	盧雨晴	0:26:11	0:26:03
45	17	4	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4410	Wong Wei Yu Germaine	王蔚瑜	0:18:12	0:18:08
112	51	16	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4411	Ng Kit Lam Daphne	吳潔林	0:24:05	0:24:03
137	73	22	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4412	Lam Tsz Tung	林恣彤	0:28:32	0:28:22
0	0	0	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4413	TONG YUEN YI	唐婉兒	DNS	DNS
136	72	21	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4414	WONG WING LAAM		0:28:30	0:28:12
163	96	25	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4415	TONG HOI YIU	唐愷謐	0:35:07	0:35:04
32	8	1	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4416	Szeto Chui Yi	司徒翠怡	0:16:24	0:16:23
0	0	0	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4417	Lee Ting Yan	李婷欣	DNS	DNS
160	93	24	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4418	KWOK CHING KIU		0:34:22	0:34:06
0	0	0	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4419	Yeung Suet Ching	楊雪晴	DNS	DNS
84	33	9	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4420	Lee Hoi Ting	李凱婷	0:21:41	0:21:32
60	23	7	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4421	Cheng Wing suen	鄭穎璇	0:19:41	0:19:35
100	43	14	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4422	Lo Ka yu		0:22:54	0:22:39
145	81	23	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4423	WU HOI LAM	胡凱淋	0:30:19	0:30:11
108	47	15	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4424	Cheng Carmen	鄭嘉文	0:23:48	0:23:42
57	22	6	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4425	LIANG ZHUJUN		0:19:33	0:19:30
168	100	40	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4426	Kwok So Yan		0:35:51	0:35:35
63	26	7	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4427	WONG JUSTIN PUI YIN	王佩言	0:19:58	0:19:40
42	14	3	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4428	Yau Julianna		0:17:48	0:17:48
138	74	24	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4429	Lui Man Ki		0:28:49	0:28:38
50	19	4	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4430	Yu Man Yee April	余萬儀	0:19:02	0:18:53
141	77	25	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4431	Mok Wing ki	莫穎琪	0:29:04	0:28:54
110	49	13	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4432	KWAN HOI YIN	關凱然	0:23:52	0:23:43
20	5	1	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4433	SHEK cheuk man		0:15:24	0:15:24
151	87	33	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4434	Tam Siu Wun	覃小媛	0:32:42	0:32:35
150	86	32	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4435	YIK Shun Gee	易巽之	0:32:40	0:32:31
149	85	31	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4436	Leung Wing Yan	梁詠欣	0:32:40	0:32:31
126	63	19	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4437	Ng Oi Kei Annarosa	伍靄麒	0:26:25	0:26:12
97	41	8	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4438	Lau Yuen Yee	劉琬而	0:22:32	0:22:26
146	82	29	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4439	Choi Kit man	蔡潔雯	0:30:52	0:30:39
133	69	21	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4440	Luk Yuen Yan Stella	陸宛忻	0:27:56	0:27:46
114	52	14	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4441	Lee Cheuk Sze Jessie		0:24:10	0:23:57
173	103	42	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4442	Wong Pui Yan	黃佩欣	0:38:18	0:38:05
122	59	17	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4443	Wai Yee ting	韋綺婷	0:25:51	0:25:47
109	48	12	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4444	Leung Sing Ki	梁旌旗	0:23:49	0:23:40
162	95	38	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4445	Fung Wing Sum	馮詠心	0:35:02	0:34:59
124	61	18	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4446	LEE KWAN LOK TITIARA	李君諾	0:26:10	0:26:03
152	88	34	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4447	Leung Yee Kei Hilda	梁綺旗	0:33:12	0:33:03
147	83	30	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4448	LI YIU SHAN	李耀珊	0:31:22	0:31:10
55	21	5	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4449	Wong Mei Shan	王美珊	0:19:21	0:19:18
135	71	23	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4450	Kwok Wai Man	郭慧雯	0:28:06	0:27:51
153	89	35	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4451	Fung Hiu Man	馮曉敏	0:33:54	0:33:50

Charity Run for Little Q 2026

Date: 12/04/2026

Overall Position	Gender Position	Category Position	組別	Category	Bib	Name	姓名	Official Time	ChipTime
31	7	2	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4452	Lam Rainy	林曉燕	0:16:04	0:16:02
101	44	10	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4453	Chow Chi shan		0:22:56	0:22:52
62	25	6	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4454	NG TSZ YAN ANITA	吳紫欣	0:19:48	0:19:45
144	80	28	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4455	wong siu kuen	王少娟	0:29:49	0:29:46
169	101	41	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4456	Yu Hoi Yan	余凱茵	0:35:55	0:35:49
176	106	43	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4457	Chan Hiu Mei	陳曉微	0:39:17	0:39:06
161	94	37	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4458	Lau Yin Han	劉燕嫻	0:35:00	0:34:49
118	56	16	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4459	Yeung Wing Shan	楊穎珊	0:25:07	0:25:03
178	108	44	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4460	Chan Hiu Kwan	陳曉筠	0:39:21	0:39:11
116	54	15	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4461	LAU Li Mul	劉利梅	0:24:43	0:24:41
103	46	11	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4462	Eng Helen		0:23:03	0:22:58
158	92	36	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4463	Chong Pui Wah	莊佩華	0:34:03	0:33:57
134	70	22	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4464	CHAN Yee Sin	陳宜倩	0:28:03	0:27:56
143	79	27	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4465	Lo Beverly eling		0:29:36	0:29:22
175	105	12	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4466	Chan Karen		0:38:20	0:38:06
165	98	10	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4467	Leung Wai Foon	梁惠歡	0:35:18	0:35:14
180	109	14	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4468	Yip Yee Yin	葉懿賢	0:42:22	0:42:09
155	90	8	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4469	Wong Wing Yee Jessie	黃詠怡	0:33:57	0:33:53
157	91	9	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4470	Chow Wing Sze Stella	周詠詩	0:33:59	0:33:55
0	0	0	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4471	Lam Helen		DNS	DNS
166	99	11	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4472	To Yeung Mui		0:35:48	0:35:25
128	65	4	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4473	Wong Wai Mei	黃慧薇	0:26:38	0:26:32
102	45	2	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4474	Poon Emily		0:23:03	0:22:59
132	68	5	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4475	CHOI LAI MAN	蔡麗敏	0:27:52	0:27:42
140	76	6	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4476	Tam Choi Wah Wendy		0:28:54	0:28:43
148	84	7	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4477	Kwong Sai Fun	鄺世芬	0:31:40	0:31:26
177	107	13	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4478	Yau Siu Wai	邱少惠	0:39:21	0:39:10
119	57	3	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4479	Kwok Suet Fan	郭雪芬	0:25:46	0:25:39
121	58	17	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4480	Leung Wai Yu	梁煒瑜	0:25:51	0:25:46
130	67	20	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4481	Au Sau Ying Vivian		0:26:52	0:26:40
71	29	1	3KM個人跑 - 女士55+歲	3KM Trail Race - Female 55+	4482	CHEUNG SHUK KUEN	張淑娟	0:20:30	0:20:30
91	37	12	3KM個人跑 - 女士16 - 34歲	3KM Trail Race - Female 16 - 34	4483	Chow Shen Astrid		0:22:08	0:22:03
99	42	9	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4484	Lau Kit Yee		0:22:44	0:22:39
184	110	45	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4485	Ho Pui Man	何珮雯	1:04:16	1:04:02
142	78	26	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4486	Wai Chi Man	衛志敏	0:29:12	0:28:59
164	97	39	3KM個人跑 - 女士35 - 54歲	3KM Trail Race - Female 35 - 54	4487	Lee Miranda	李偕行	0:35:14	0:34:58